



# OSHA #500: Trainer Course in OSHA Standards for Construction

Golden Gate Chapter

September 13-16, 2010

8:00 a.m. - 5:00 p.m.

Sacramento Safety Center  
3909 Bradshaw Road  
Sacramento, CA 95827

**\* SPECIAL Subscribing Employer Rate:**

**\$250 / person**

\* Subscribing employers currently training ABC apprentices.

**\$300 / ABC Member Employee**

**\$450 / Non-member Employee**

**This class counts as 32 hours of electrical continuing education units.**

Instructor:



**Prerequisites:** Course #510 and 5 years of construction safety experience. A college degree in occupational safety and health, a Certified Safety Professional (CSP), Certified Industrial Hygienist (CIH) designation, or an OTC Certified Safety and Health Official (Level III) designation may be substituted for 2 years of experience. Participants must submit a Prerequisite Eligibility form and requested documentation prior to the start of class.

**Note:** Prior training experience is recommended before taking this class. Students in Course #500 must prepare a one-hour presentation on an assigned OSHA Construction Outreach topic individually or as part of a group, and successfully pass a written exam at the end of the course to become an authorized Outreach Trainer. Construction Outreach Trainers are required to attend Course #502 or retake #500 at least once every 4 years to maintain their authorized trainer status.

**Overview:** This course is designed for those who are interested in teaching the 10-hour and 30-hour construction safety and health outreach classes to employees and other interested groups. Special emphasis is placed on those topics that are required in the 10-hour and 30-hour classes as well as on those that are the most hazardous in the construction industry, using OSHA standards as a guide. Course participants learn effective instructional approaches and the successful use of visual aids and handouts. This course authorizes the student to become a trainer in the Outreach Program and to conduct both 10-hour and 30-hour construction safety and health courses, and to issue cards to participants verifying course completion.

Register online at [www.abcggc.org/calendar](http://www.abcggc.org/calendar) or use form below.

Name(s) \_\_\_\_\_

Company \_\_\_\_\_ Phone \_\_\_\_\_

Enclosed is a check for \$ \_\_\_\_\_ OR  Please charge my \_\_\_\_\_ VISA \_\_\_\_\_ MC \_\_\_\_\_ AMEX in the amount of \$ \_\_\_\_\_

Billing Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Name on CC: \_\_\_\_\_ Card # \_\_\_\_\_

Billing E-Mail (for receipt) \_\_\_\_\_ Exp. \_\_\_\_\_ Sec.# \_\_\_\_\_

Cardholder Signature: \_\_\_\_\_

Please mail to: ABC-GGC, 4577 Las Positas Road, Unit C, Livermore, CA 94551 or fax (925) 474-1310.  
Any questions? Call Charles Vernocy (925) 960-8503 or [charles@abc-ggc.org](mailto:charles@abc-ggc.org)

**Late Policy:** Classes have strict start times and hour completion requirements. Students who arrive late may not be admitted to the class.

**Cancellation and Refund Policy:** All cancellations must be received by September 8, 2010 for refund.