



Golden Gate Chapter

News Release

Ronald McDonald House Saves Almost \$20,000 in Repairs While Providing Practical Training to Apprentices

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Livermore, CA – Associated Builders and Contractors Golden Gate Chapter (ABC GGC) is eager to once again visit the Ronald McDonald House in Sacramento on November 11-12, 2009. ABC GGC apprentices will complete trim work following a previous visit in October. This year alone ABC apprentices have painted 10 bedrooms, all cabinetry in two kitchens and made some minor repairs to walls throughout the Ronald McDonald House. The visits not only offer ABC GGC's apprentices hands on experience and training, but has saved the Ronald McDonald House almost \$20,000 in maintenance and repair.

“Being able to help those in need is the highlight of this program. I am humbled by this opportunity to be a part of the great Ronald McDonald House Program.” says Randy Gorman, ABC GGC Painting Apprentice.

ABC GGC's Painting Instructor, James Garcia adds “ABC has been volunteering at Ronald McDonald Charity House since 2001 painting exteriors and interiors of the buildings. I find it a privilege to do work at the Ronald McDonald Charity House with the ABC Apprentices; it gives a good practical hands on setting to learn their craft, while at the same time giving to an organization that helps out so many families in need.”

ABC Golden Gate Chapter is the sponsor of five State of California approved apprenticeship programs, electrical, carpentry, painting, plumbing and construction craft laborers. Each apprenticeship program is also registered with the U.S. Department of Labor Office of Apprenticeship. Apprenticeship is an occupational training model that combines on the job experience with classroom instruction. Apprentices earn while they learn under the direction of a skilled journey level trainer.

Please contact James Garcia at james@abc-ggc.org for interview and photo opportunities available during the apprentices' visit to the Sacramento Ronald McDonald House on November 11-12, 2009. Photos from previous visits can be found on the Ronald McDonald House Photo Page at: <http://rmhcnc.smugmug.com/Sacramento-Ronald-McDonald/Volunteers>.

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